

Saturday Morning Plein Air | Supply List

Beth Stoddard

Spring–Summer 2024

This list is specific to oil paints. If you have experience painting in watercolor, pastel, tube acrylics, or oils, feel free to modify and streamline your existing setup with a view towards portability.

Painting Supplies

Paints

Instructor uses primarily Utrecht Artist Oil Paints. Use any brand you prefer, and the best you can afford. Brands may be mixed. The palette taught is a split primary palette, with one warm and cool each of red, yellow, and blue, plus white, raw umber, and one green.

- Burnt Sienna, 37 ml
- Quinacridone Rose/ Magenta, 37 ml
- Yellow Ochre, 37 ml
- Cadmium Yellow Lemon, 37 ml
- Ultramarine Blue, 37 ml
- Cobalt Blue, 37 ml
- White of choice: Titanium, Titanium/ Zinc blend, or Flake White (Flake White contains Lead), 150 ml
- Raw Umber, 37 ml
- Viridian, 37 ml
- Optional additions, in recommended order: Naples Yellow Deep, Chromium Oxide Green, Cerulean Blue Pure, Cadmium Yellow Light, and Cadmium Red Medium.*

Brushes

Bristle Brushes: Flat or Filbert, long-handled, one or more of each in suggested sizes:

- 12 or 10
- 8 or 6
- 4 or 2

Soft synthetic or blended brush (Round) for tree branches and final touches in size:

- 2

Palette knives, 1-2

- about 2 ½ in. length, stepped trowel shape

Palette

- oil-cured wood, plastic/ acrylic, disposable palette pad, or chinet plate!

Painting Supports (Surfaces), 1-3 per class, no larger than 12 x 16 inches

- Oil paper pad 9 x 12 in. or 12 x 16 in., such as Arches, (larger sizes can be taped off for multiple small studies), or:
- Ampersand gessobords, canvas panels, and/ or other preferred support

Thinner & Medium(s)

- Gamsol (odorless solvent for thinning and cleaning paints), 16 oz.
- Refined Linseed oil, 8 oz.
- Glass jars with airtight, screw on lids, one each for the following purposes and in approximate sizes:
 - Dirty gamsol for brush cleaning ~16 oz.
 - Clean gamsol for brush cleaning ~16 oz.
 - Painting Medium ~8 oz.
 - Suggested simple painting medium mixed of 1 part Gamsol + 2 parts Linseed Oil, or 1 part Gamsol + 3 parts Linseed Oil*
- Optional:
 - simple purchased oil painting medium ~ 4 oz.
 - Clip-on palette cup(s) or smaller jar for holding medium while painting

Painting Accessories

- Nitrile gloves, to protect hands from oil paints and solvents
- Disposable shop towels or cloth paint rags - do not skimp on rag supply
- Small Trash bags
- Bag or backpack, for gear transport
- Flat boxes/box lids, or wet panel carriers, for transporting wet paintings
- Jack Richeson's Studio Soap or similar, for brush cleaning after gamsol rinse
- Nice but optional:
 - Sketchbook + pencil
 - Chair for watching demo
 - Painter's or Artist's Tape, for taping off small studies - white if possible
 - Brush restorer for conditioning after cleaning with oil soap, such as:
<https://www.trekell.com/products/trekell-brush-restorer-3-5oz?variant=42501312610492>

Personal

- *Wide brimmed hat or visor*
- Comfortable outdoor clothing and shoes
- Water bottle & snack
- Insect Repellent
- Sunblock

Questions? Contact Beth:

414.546.2617 (home studio)

414.249.1210 (mobile for use on class days only)

beth.stoddard.studio@gmail.com