

**Saturday Morning Plein Air | Supply List**  
Beth Stoddard | Summer 2026

*This list is specific to oil paints. If you have experience painting in watercolor, pastel, tube acrylics, or oils, feel free to modify and streamline your existing setup with a view towards portability.*

**Painting Supplies**

Paints

*Instructor uses primarily Utrecht Artist Oil Paints. Use any brand you prefer, and the best you can afford. Brands may be mixed. The palette taught is a split primary palette, with one warm and cool each of red, yellow, and blue, plus white, raw umber, and one green.*

- Burnt Sienna, 37 ml
- Quinacridone Rose / Magenta, 37 ml
- Yellow Ochre, 37 ml
- Cadmium Yellow Lemon, 37 ml
- Ultramarine Blue, 37 ml
- Cobalt Blue, 37 ml
- White of choice: Titanium/ Zinc blend or Titanium, 150 ml (note larger size)
- Raw Umber, 37 ml
- Viridian, 37 ml
- Optional additions, in recommended order: Naples Yellow Deep, Chromium Oxide Green, Cerulean Blue Pure, Cadmium Yellow Light, and Cadmium Red Medium.*

Brushes

*Bristle Brushes: Flat or Filbert, long-handled, one or more of each in suggested sizes:*

- 12 or 10
- 8 or 6
- 4 or 2

*Soft synthetic or blended brush (Round) for tree branches and final touches in size:*

- 2

Palette knives, 1-2

- about 2 ½ in. length, stepped trowel shape

Palette

- oil-cured wood, plastic/ acrylic - without wells or divisions, disposable palette pad

### Painting Supports (Surfaces), 1-3 per class, no larger than 12 x 16 inches

- Oil paper pad 8 x 10, 9 x 12 in. or 12 x 16 in., such as Arches, (larger sizes can be taped off for multiple small studies), OR
- Ampersand gessobords, canvas panels, and/ or other preferred support

### Thinner & Medium(s)

- Gamsol (odorless solvent for thinning and cleaning paints), 16 oz.
- Refined Linseed oil, 8 oz.
- Painting Medium:
  - Homemade painting medium: 1 part Gamsol + 3 parts Linseed Oil, OR
  - Simple store-bought oil painting medium ~ 4 oz.
- Clip-on palette cup(s), disposable cup, or smaller jar for holding medium while painting
- Glass jars with airtight, screw on lids, one each for the following purposes and in approximate sizes:
  - Dirty gamsol for brush cleaning ~16 oz.
  - Clean gamsol for brush cleaning ~16 oz.
  - Painting Medium ~8 oz.

### **Painting Accessories**

- Nitrile gloves, to protect hands from oil paints and solvents
- Disposable shop towels or cloth paint rags \*do not skimp on rag supply\*
- Small Trash bags
- Bag or backpack, for gear transport
- Flat boxes/box lids, or wet panel carriers, for transporting wet paintings
- Jack Richeson's Studio Soap or similar, for brush cleaning after gamsol rinse
- Nice but optional:
  - Sketchbook + pencil
  - Chair for watching demo
  - Painter's or Artist's Tape, for taping off small studies
  - Brush restorer for conditioning after cleaning with oil soap, such as vaseline, shea butter, or Trell brush restorer

### **Personal**

- \*Wide brimmed hat or visor\*
- Comfortable outdoor clothing and shoes
- Water bottle & snack
- Insect Repellent and Sunblock

### **Contact**

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